

IGNITION

JOURNALING (6 Total)

Journaling is one tool that we are going to work on in the coming years. Studies have shown that retention of ideas and lessons learned are enhanced when a person writes them down and thinks about them. There is no better thing to consider and wrestle with than God's Word which is useful in every area of our lives. You will have 1 journal entry due for 6 out of the 8 months of confirmation. These will be done in your journal with a date attached. Your small group leader will introduce you to the Bible reading during your time together on the first Wednesday of the month that you meet. Then the journal will be collected the last Wednesday meeting of the month. The Scripture readings are all found on the back page along with some questions you can use to stir some thoughts. The structure we will use for journaling is the SOAP model.

S O A P method

S-Scripture. What is the Bible verse or what Bible verse(s) stand out to me

O- Observation. What do you notice about this verse? What is it that stands out? What does it tell me about God or what does it tell me about me? Does it remind me of other Bible verses or things that I know about God.

A- Application. What is this verse inviting me to believe or do? So what?

P- Prayer- Write a brief pray in response to what you wrote about.

Ex. S - Scripture

Psalm 86 v. 15 But thou, O Lord, art a God merciful and gracious, slow to anger and abounding in steadfast love and faithfulness.

O - Observation

I love this verse. There are so many words and phrases to dwell on. But today, I love the three words, "Slow to Anger." Contrary to what the world's perception is of God, you know - smiting, smoting, commendation, the reality is - since God is abounding in steadfast love, he is Slow to ANGER. Lamentations 3 v. 22b- 23, His mercies never come to an end, they are new EVERY MORNING; Great is thy faithfulness." God will forgive you. God will pursue you every day, even after a day of Great sinning. Why? 2 Peter 3 v. 9b, "The Lord is not slow about his promise as some count slowness but is forbearing towards you, not wishing THAT ANY SHOULD PERISH, but that all should reach repentance."

4A - Application

Do I appreciate, am I thankful for God's - Slow to Anger?

P - Prayer

Jesus, Thank you for your steadfast love and faithfulness. Love Ryan



Prayer Journal

1. **Date given:** September 3rd (3 ACTS Prayer journals-1 per week)
Due: September 24th
2. **Date given:** October 1st (3 ACTS Prayer journals-1 per week)
DUE: October 22nd
3. **Date given:** November 5th (4 ACTS Prayer journals-1 per week)
DUE: December 3rd
4. **Date given:** January 7th (3 ACTS Prayer journals)
DUE: January 28th
5. **Date given:** February 4th (3 ACTS Prayer journals-1 per week)
DUE: February 25th
6. **Date given:** March 4th (3 ACTS Prayer journals-1 per week)
DUE: March 25th